

# PHYSIOMER®

All the goodness of the sea to breathe better.

PHYSIOMER® is a complete range of natural seawater nasal care products.

## PHYSIOMER® Hypertonic Nasal Spray

Decongestant - Cold, Sinusitis, Allergic Rhinitis

For Adults & Children from 2 years old

135 ml

### Properties

- Restores nasal breathing
- Speeds up resolution of nasal symptoms
- Adapted to chronic symptoms in case of allergic rhinitis, chronic rhinosinusitis

### 100% natural

- Hypertonic seawater
- Preservative free

### TO KNOW BEFORE USING PHYSIOMER® Hypertonic

- Use by more than one person may spread infection.
- In case of nasal irritations, temporary tingling may appear during the use.
- Do not use after the expiration date printed on package.
- Do not use if the packaging has lost its original appearance.
- Do not use a broken or damaged product.
- If nasal symptoms prevail beyond 10 days for adults and children, consult a healthcare professional.
- Keep out of reach and sight of children.

### INGREDIENTS

100% natural, undiluted and hypertonic seawater solution (equivalent to 22 g/l of total mineral salts). Sterile and preservative free.

### HOW TO USE

#### Recommended use

- In case of allergic rhinitis, cold and sinusitis: 2 to 3 times a day, a 1 to 3 seconds spray in each nostril, up to 6 times a day.

#### Administration mode

Adults and children: Adult supervision is recommended for use in children.

Before use: check if the spray works properly.

- 1 - Tilt the head to one side. Gently insert the nozzle in the upper nostril and press the nozzle once firmly for 1-3 seconds. Let the solution act for a few seconds.
- 2 - Repeat with the other nostril.
- 3 - Blow your nose.

Wash the nozzle with hot water after each use and dry properly.

