

# PHYSIOMER®

All the goodness of the sea to breathe better.

PHYSIOMER® is a complete range of natural seawater nasal care products.

## PHYSIOMER® Strong Jet Nasal Spray

Hygiene - Active prevention

For Adults & Children from 10 years old

210 ml

### Properties

- Cleanses nasal passages and helps restore breathing
- Improves recovery after surgery
- Prevents secondary ear, nose and throat infections

### 100% natural

- Isotonic seawater
- Preservative free
- Suitable for daily use

### TO KNOW BEFORE USING PHYSIOMER® Strong Jet

- Use by more than one person may spread infection.
- In case of nasal irritations, temporary tingling may appear during the use.
- Do not use after the expiration date printed on package.
- Do not use if the packaging has lost its original appearance.
- Do not use a broken or damaged product.
- If nasal symptoms prevail beyond 10 days for adults and children, consult a healthcare professional.
- Keep out of reach and sight of children.

### INGREDIENTS

100% natural, undiluted and isotonic seawater solution (equivalent to 9 g/l of NaCl).  
Sterile and preservative free.

### HOW TO USE

#### Recommended use

- In case of scabs or thick, sticky, purulent nasal discharge: 1 to 4 sprays daily in each nostril.
- In case of chronic nasal discomfort, rhinosinusal pathologies and in post-endonasal and endosinusal surgery: 1 to 4 sprays daily in each nostril, when determined by a doctor.

#### Administration mode

Adults and children: Adult supervision is recommended for use in children.

Before use: check if the spray works properly.

- 1 - Tilt the head to one side. Gently insert the nozzle in the upper nostril and press the nozzle once firmly for 1-2 seconds. Let the solution act for a few seconds.
- 2 - Repeat with the other nostril.
- 3 - Blow your nose.



Wash the nozzle with hot water after each use and dry properly.